

TEAM

	PR	MR	FW	TOTAL
Total distance (m)				
Mean distance (m)				
Mean time (min)				
Main running pace (m/min)				

**PR**= Preliminary round

**MR**= Main round

**FW**= Final Weekend

**Total distance**= is the distance covered adding-up all the players of a team

**Mean distance**= average distance covered by the players

**Mean time**= average time that the players stay on the court

**Mean running pace**= Mean distance covered by the players in a minute of play

Mean played time (min)	Time Standing (min)	Time Walking (min)	Time Jogging (min)	Time Running (min)	Time High Intensity Running (min)	Time Sprinting (min)
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**Mean played time**= Average played time per match during all the EURO matches expressed in minutes.

**Time**= Average time per match that the players are:

**Standing:**  $\leq 0.1$  m/s

**Walking:** 0.2-1.9 m/s

**Jogging:** 2.0-3.9 m/s

**Running:** 4.0-5.4 m/s

**High intensity running:** 5.4-6.9 m/s

**Sprinting:**  $\geq 6.9$  m/s

Mean Covered Distance (m)	Distance Standing (m)	Distance Walking (m)	Distance Jogging (m)	Distance Running (m)	Distance High Intensity Running (m)	Distance Sprinting (m)
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**Mean Covered distance**= Average distance covered per match during all EURO matches expressed in meters.

**Distance**= Average distance per match that the players covered in the different locomotion categories.

**Position**

**GK:** Goalkeeper

**LW:** Left wing

**LB:** Left back

**CB:** Center back

**RB:** Right back

**RW:** Right wing

**LP:** Line player

**CP:** Court players

**TEAM:** The whole team